

Bicycle Helmet Tongue Twisters

How fast can you say them?

Jose hopped his hedge and hit his head hard.
How happy Jose had hooked his helmet on his head!

Hasty Hillary's helmet's hanging on a hook at home.
Who hopes Hillary has humungous heaps of luck?

Peter Piper picked a peck of pickled helmets.
Did Peter Piper pick a peck of pickled helmets?
If Peter Piper picked a peck of pickled helmets,
where's the peck of pickled helmets Peter Piper picked?

One smart student, she felt smart.
Two smart students, they felt smart.
Three smart students, they all wore helmets.

How many helmets would a hedgehog heave
if a hedgehog could heave helmets?
He would heave, he would, as much as he could,
and heave as many helmets as a hedgehog would
if a hedgehog could heave helmets.

How many helmets would a woodchuck chuck
if a woodchuck could chuck helmets?
He would chuck, he would, as much as he could,
and chuck as many helmets as a woodchuck would
if a woodchuck could chuck helmets.

She sports softshell helmets by the sea shore.
The helmets she sports are surely softshells.
So if she sports softshells on the seashore,
I'm sure she sports seashore softshells.

A bloke's back bike brake block broke.
His helmet habit wholly held him harmless when he hit.

There was a young man in St. Paul
Who did not wear a helmet at all
He had hard luck and crashed
And his head was all bashed
'Cause he had it all bare in the fall.

In French: (accents will not show properly)
Un cyclist sachant cycler cyclait souvent sous son casque.

Headless horsemen hardly have a helmet hanger.

Humpty Dumpty wholly hated his humungous helmet.



helmets.org